

PAZ @ PALÁCIO

WELLNESS



BODY

FUSION MASSAGE

Our signature treatment that combines the techniques of shiatsu, thai, ayurveda and lomi loom massage. Starts with a cleansing foot ritual, followed by a full body and head massage.

90 MIN
€ 190

SOUND MASSAGE - TIBETAN SINGING BOWLS

Spoil yourself with a moment of prolonged peace and silence. The practice of Tibetan therapeutic bowls with vibrations and the associated chimes permits a deep relaxation. Added benefits are a reduction in pain and inflammation, calming of the mind and a wonderful night's sleep ahead!

60 MIN
€ 145

RICE POWDER EXFOLIATION

Magical deep cleansing and yet gentle exfoliation, based on Asian techniques, this treatment is suitable for face and body. Promotes the release of dead cells and leaves the skin beautifully hydrated with a youthful, fresh glow.

60 /90 MIN
€ 160/€ 195

AROMATHERAPY MASSAGE

Choose your favourite aroma at the start and enjoy a truly relaxing massage. You'll feel all your senses awake, helping you to release all the tension you're feeling now.

60/90 MIN
€ 100/€ 150

REFLEXOLOGY

Stimulates blood circulation, reduces stress and pain, rebalances the body to a healthy equilibrium and improves your general well-being. Your feet and hands deserve it!

60 MIN
€ 120

DEEP TISSUE MASSAGE

The best massage to relieve tension, stress and to balance deeply the body & mind.

60 /90 MIN
€ 120/€180

FACE

THE AUGUSTINUS BADER FACIAL

A special face treatment to illuminate your skin, promoting the regeneration of your cells. Starting with a deep double cleansing combined with the essence tonic, we then work through lymphatic drainage, facial manipulation, and shiatsu on the face, neck and chest. To finish the procedure we apply eye cream, serum and a personalized daily cream tailored to your skin type.

60 MIN
€ 160



Please alert our spa therapist of any allergies.